



INDOOR ROWING
fitness with a difference

ERGfit Indoor Rowing Series
Race 3 – August 15th 2009
Race Results

Race Time: 11:30 am

Mixed 2000m

<i>Ergo</i>	<i>Athlete</i>	<i>Club</i>	<i>H/Cap</i>	<i>Raw Time</i>	<i>Finish Time</i>	<i>Place</i>
2	Philip Price	FREE SPIRITS	50 sec	8:08.3	8:58.3	5
3	Martin Doyle	ERGfit	50 sec	7:45.2	8:35.2	2
4	Alex Fleming	UNAF	2:31 min	6:18.6	8:48.6	3
5	Guy Gater	ERGfit	2:16 min	6:35.1	8:51.1	4
6	Duncan Paterson	UNAF		DNS		
7	Glenn Henriksen	ERGfit	1:21 min	7:13.0	8:34.0	1
8	Geoff Donnelly	ERGfit	GO	DNS		
9	Ebony Tsomaropoulos	FCRC	30 sec	8:28.6	8:58.6	6

Race Time:

11:50 am

Male 500m

<i>Ergo</i>	<i>Athlete</i>	<i>Club</i>	<i>H/Cap</i>	<i>Raw Time</i>	<i>Finish Time</i>	<i>Place</i>
1	Philip Price	FREE SPIRITS	6 sec	1:45.0	1:51.0	1
2	Martin Doyle	ERGfit	10 sec	1:43.3	1:53.3	4
3	Duncan Paterson	UNAF	25 sec	1:27.7	1:52.7	3
4	Scott Riddell	ERGfit	28 sec	1:26.7	1:54.7	5
5	Alex Fleming	ERGfit	29 sec	1:29.7	1:58.7	7
6	Glenn Henriksen	ERGfit	17 sec	1:35.7	1:52.7	3
7	Geoff Donnelly	ERGfit	6 sec	DNS		
8	Rhett Spiller	ERGfit	GO	1:52.1	1:52.1	2
9	Ebony Tsomaropoulos	FCRC	3 sec	1:54.5	1:57.5	6