

2012 Terms & Conditions:

Change of Details

- Please notify ERGfit of any changes to your personal details (address, phone, email etc.)

Your Personal Details

- The information obtained on the registration form will be treated as confidential & will not be released or revealed to anyone without your consent (or the consent of parents/guardians for children under the age of 16 years).
- Your right to privacy is important to us. The health & safety of all participants at ERGfit Indoor Rowing & Training Studio is our prime concern. It is important that questions on the registration form are answered correctly.

Your Physical Health

- Should you be suffering from any infections or contagious illness, disease or other ailment or whilst suffering from any infections such as open cuts or sores or minor infections where there is a risk, however small to other members, it is requested that you do not visit ERGfit Indoor Rowing & Training Studio. Please notify us of your unavailability.

Exercise Etiquette & Workout Hygiene

- Always bring a workout towel & use it for yourself & not to wipe down equipment.
- Paper towel is provided in the ERGfit room with spray bottles to clean machines after use. Please wipe the seat, slide and handle. Place used paper towel in bins provided.
- Always bring a drink with you, alternatively, water, Gatorade and drink bottles are available to purchase.
- Ensure you are dressed appropriately. Runners or closed toe shoes. Singlets/T shirts must be worn at all times unless wearing a rowing suit.
- Classes and instructors may change at short notice, we apologise for any inconvenience.
- Please inform the instructor of any injuries, health problems, pregnancy or special needs if they are not already aware of your status.

Minimum Age for Group Fitness Classes

Minimum age for members is 13 years

Payment of Fees

- Invoices for the following term fees are issued at the completion of each term with fees payable within 14 days or upon joining if the term has already commenced.
- Payment can be made by way of cash, cheque, VISA card, MasterCard, EFTpos or direct deposit into our bank account.
- Casual members are required to pay for either a 5 or 10 session pass prior to attending any classes.

Cancellations to classes

Regardless of your booking (term member or casual) it is the members' responsibility to:

- Notify ERGfit at least 1 hour before the commencement of your class when you are unable to attend
- To attend all sessions booked for the current term and pre booked casual classes
- Failure to do so will result in future bookings being jeopardized.

Non attendance to classes (No Shows)

- Should members fail to arrive to their scheduled class or fail to notify ERGfit of their unavailability at least 1 hour prior to their scheduled class, they forfeit (lose) this class. A 'catch up' class is not available to "no shows".

ERGfit Special Events

Throughout the year, ERGfit offers Special events which are open to ERGfit members and the public. They are run separate to the group fitness timetable and are at an additional cost. Events include: ½ marathons, ROW 4 the Kids, 60 mins of Madness, Indoor racing series, VIC indoor rowing championships. Bookings are essential for these events.

Right of Admission

We reserve the right to refuse entry to any person & have the right to cancel your membership without warning or notice for inappropriate behaviour that may be deemed threatening or harassing & includes damaging equipment & perceived risks, including but not limited to the use

of illegal or performance enhancing drugs or under the influence of alcohol.

Catch Up Classes for classes missed during the term

- Available to members that notify ERGfit in advance that they are unable to attend their scheduled class
- Arriving without a booking will not guarantee you a place, bookings are essential as places are limited
- To be done during the current term. They are NOT available at the conclusion of the term, transferable to future terms or during school holidays.
- If you "no show" for a scheduled catch up class that you have booked, you will forfeit (lose) that class.
- Catch up classes are also available when ERGfit is closed during a Public Holiday. When classes fall on public holidays, ERGfit will reschedule classes for the same day at the end of the term.
- Injured members must notify us immediately. If a member misses numerous or consecutive sessions through injury which cannot be recouped as "catch up" classes during the regular term, ERGfit may at its discretion provide additional casual classes to the effect of the number of missed sessions upon payment of a full 10 week term.

Unlimited Sessions

- When members purchase "Unlimited" sessions, they are welcome to participate in as many classes as they like
- Upon commencement of the term, members are required to select the classes they wish to participate in.
- They are also entitled to participate in ERGfit classes during the School Holidays – casual classes at no additional cost. Bookings are essential.
- Members who "No Show" (fail to arrive or fail to cancel) for 3 or more consecutive sessions will be notified & removed from that particular class.